

PAEDIATRICS IN NEUROLOGY

Paediatric occupational therapy deals with the unique daily living challenges of children with disabilities. Our most treated conditions are:

- Cerebral Palsy
- Spina Bifida
- Hydrocephaly
- Microcephaly
- Traumatic Brain injuries
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We analyse how the neurological condition affects the child's everyday skills, including:

- Performing activities of daily living, e.g washing, dressing and eating.
- Fine motor skills, e.g feeding, drawing, playing with beads or fasten zippers or buttons.
- Visual motor integration, e.g any pen and paper tasks
- Cognition, e.g number, shape and colour concept.
- Communication, e.g effective speech or devices to assist where speech is not possible.
- Sensory integration, e.g playing with different textures and hot or cold elements.

Since children learn through play, therapeutic activities are chosen specifically for individual children to help them meet their goals and ultimately improve their quality of life. Our occupational therapists assist children in adapting to their environment by developing strategies and techniques to help them successfully perform different tasks. As part of this effort, we will often recommend assistive equipment that can help the child in developing age-appropriate independence.

When to call your OT?

- Do you need a wheelchair, special seating, splints or standing devices?
- Is your child late to develop certain developmental milestones?
- Are you struggling with activities of daily living (sleeping, feeding, grooming, bathing, dressing, transfers) with your child?